



NAAMA

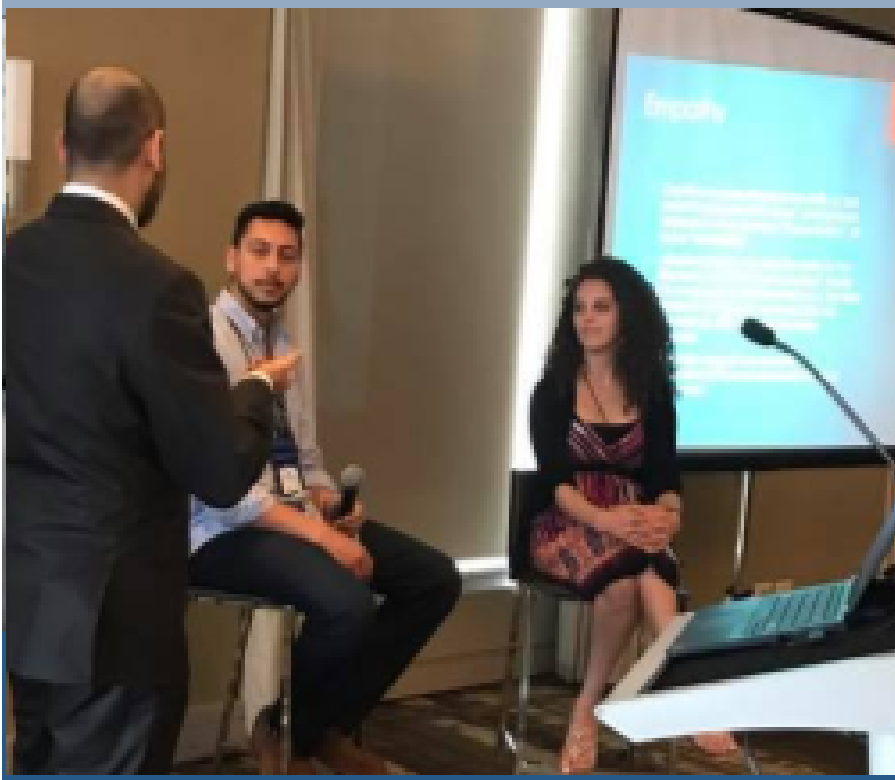
Professional Development Seminar Personal and Financial Wellness



Costa Rica

June 15—20, 2018

Includes a cultural tour of landmark destinations



Learning Objectives

The seminar is organized based on feedback from NAAMA members. Participants will develop additional skills in:

- Managing chronic Pain
- Compliance with federal regulations including Stark and other Laws
- Pulmonary Function Test interpretation for providers
- Medical travel advice for providers and their patients
- Avoiding Medical Errors
- Financial Health for Health Providers and Practices
- Medical Education



Meeting the needs of NAAMA members and supporters

This seminar is one of a series planned to advance professional careers of NAAMA members that will be held periodically in locations which enhance the learning environment, follow ACCME accreditation rules and are eligible for AMA PRA Category 1 Credit™. This seminar in Costa Rica has been approved for 6 AMA PRA Category 1 Credit™ hours. NAAMA is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education to physicians.

Registration Category	Rate	What is included
NAAMA Member (Sharing with Guest)	\$ 1,750.00	All-inclusive land package Included in Registration Fees: <ul style="list-style-type: none"> • Seminar attendance (6 CME) • Accommodations for 5 nights • Luggage Handling • All Meals • Transportation • Guided tours with English speaking guide • All Admission Fees, Local Taxes and Service Charges • Transfers between Airports and Hotels (<u>available only to those who purchase tickets through our travel organizer</u>) If you do not have your own travel agent and do not wish to make your own arrangements, you may call our travel organizer Laila Dignan at Skyway Travel (248-559-2800 - laila@skywaytravel.us)
NAAMA Member (alone)	\$ 2,250.00	
Non-Member (sharing with guest)	\$ 2,150.00	
Non Member (alone)	\$ 2,650.00	
Spouse/Guest of NAAMA Member	\$ 1,750.00	
Spouse/Guest of Non Member	\$ 2,150.00	
Minor child with parents (<n yrs)	\$ 1,200.00	

This seminar will include a cultural tour of landmark destinations across Costa Rica

San Jose

June 15

- Arrival in San Jose
- Transfer to Wyndham Garden Escazu Hotel

June 16

- Departure to Arenal
- Visit Sarchi Town
- Lunch at local restaurant Close to Arenal Volcano
- Eco Termales Hot Springs with dinner
- Overnight at Hotel Arenal Manoa



June 15

Arrival at San Jose International Airport. Transfer to and stay at Wyndham Garden San Jose Escazu, located in a very exclusive area of San Rafael de Escazu, close to corporate centers, malls, restaurants and touristic attractions. The hotel offers free internet access.

June 16

Transfer from San Jose to Arenal visiting Sarchi Town on the way. Sarchi is Costa Rica's most famous crafts center, declared a Master Piece of Intangible heritage by the UNESCO. Today, the town offers more than 200 stores and small family-operated woodworking factories producing wooden bowls and other tableware, fold-up rocking chairs of wood and leather, and a wide variety of kitschy items

Eco Termales hot springs is a family project and has been built over time and years of hard work. The 4 pools vary in temperature (91—105°). One of the pools has a cascading waterfall with refreshing misty water.

Arenal

June 17

- Visit Los Chilles
- Cano Negro & Rio Frio boat tour
- Overnight at Hotel Arenal Manoa



June 17

The tour starts with a bus transfer from Arenal to Los Chiles, a small village only 4 Km away from the Nicaraguan border followed by a three hour floating safari. A bilingual guide will be pointing out the rich and varied avifauna present in this protected wetland.

The Cano Negro Wildlife Refuge and the Rio Frio are among the best sites for bird watching and wildlife observation of a great variety of resident and migratory birds including the endangered Jaribu, the largest bird in Central America.

Cano Negro is also home to three out of four species of monkeys, howler monkeys, spider monkeys and white-face monkeys, as well as three-toed sloths and some reptiles like turtles, caimans and basilisks.

It is highly recommended to bring light and comfortable clothing, tennis shoes, binoculars, camera, sunscreen lotion, hat and insect repellent.



Tamarindo

June 18

- Transfer from Arenal to Tamarindo area
- On the way enjoy Sky Tram & Trek experience
- Overnight at Hotel Occidental Tamarindo (all-inclusive hotel)



June 18

The Sky Tram is a tour for all ages. The slow-paced Sky Tram gondolas soar smoothly, offering impressive views of rainforest, Arenal volcano and lake. With a guide, the ride takes 20 minutes with short stops to take one-of-a-kind photographs or to spot a tropical bird. This ride is combined with the exciting canopy tour or Sky Trek. Visitors will be fitted with all of the necessary safety equipment (harness, helmet, gloves. Guides will deliver a safety speech explaining the right way of gliding and the braking system. The canopy tour includes 8 cross-sectional cables with a total length of 1.7 miles and a maximum height of 660 feet.

What to bring: Light, comfortable clothing, tennis shoes, binoculars, camera, sunscreen & insect repellent. For security reasons, children under 8 years cannot take the tour. People over 100 kilograms must be evaluated by the staff to determine if they are able to take the tour. Helmet, gloves and harnesses are provided.



Tamarindo

June 19

- CME Seminar
- Overnight at Hotel Occidental Tamarindo (all-inclusive hotel)

June 20

- Transfer to Liberia Airport
- Departure from Costa Rica



CME Seminar—June 19, 2018

Registered Healthcare Providers

Professional Development Seminar

Personal and Financial Wellness

9 am Session 1

12 pm Lunch

1 pm Session 2

4 pm Adjourn

Registered Guests

Enjoy the all-inclusive program: three buffet meals a day, snacks, wine, beer and house liquors, natural juices, soft drinks and bottled water, swimming pool, beach volleyball, dance lessons, aerobics, tennis courts, bingo cafe in the afternoon, entertainment and live music at night, Karaoke, Casino and Club. The resort has a Spa run by Asian Clinic which offers different treatments and massages, a beauty salon and a fitness center.

Organizing/Scientific Committee and Speakers

- Basim Dubaybo, MD
- Wael Sakr, MD
- Rouba Ali-Fehmi, MD

Disclosures

None of the speakers or organizers have financial conflicts of interest with ACCME defined commercial entities



Contact Information

Mail

2265 Livernois Rd. Suite 720
Troy, MI 48083

Phone

1-248-646-3661

Fax

248-646-0617

Email

naama@naama.us
naama@naama.com

NAAMA

Health Education Gateway